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A BRIEF HISTORY

The vision behind Fortius was born in 2004 by Founder and Chairman Scott Cousens and a team of sport science and medicine leaders who saw the need for a centre where sport medicine and science experts, across multiple disciplines, could collaborate to support athletes of all ages and abilities.

Cousens made a donation of \$23 million (the single largest philanthropic gift in Canadian sport history!) to create the Fortius Foundation and bring the visioning process to life.

The name Fortius (Latin for “strong, stronger and strongest”) was chosen because Fortius was built on a commitment to strengthen the health of athletes, strengthen the proactive healthcare model, strengthen the sport landscape and in-turn strengthen the health of the nation.

In 2013, the doors to Fortius Sport & Health opened, supported by some of the top names in sport and exercise medicine and backed by partnerships with Telus, Tourism Burnaby and a number of sport organizations and teams.

